# **Emergency Room Visit Experience**

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## **Journey Overview**

This journey outlines the process for a Canadian citizen accessing emergency medical care through a hospital's emergency room. It includes the initial steps of recognizing the need for emergency care, arriving at the hospital, and receiving treatment. The journey is designed to help individuals understand what to expect during an emergency room visit, the role of healthcare professionals, and the potential follow-up actions required after treatment. The journey emphasizes the importance of prompt action in emergency situations and aims to demystify the emergency room process, ensuring that citizens feel informed and prepared. It includes details about the triage process, interactions with medical staff, and the administrative aspects of an emergency room visit, such as providing necessary identification and health insurance information.

## **Persona Profile**



### Sarah Chen

Age: Unknown | Occupation: Unknown | Location: Unknown

Sarah is a 32-year-old software developer planning her first international trip since the pandemic. She's tech-savvy but unfamiliar with the passport application process.

## **User Stories**

## Streamlined Hospital Triage Process

Success

Impact: 4/5 Simulation

#### NARRATIVE

When I arrived at the hospital, I was anxious about the wait times. However, the triage process was surprisingly smooth. The medical staff quickly assessed my condition and prioritized my treatment. They were efficient and courteous, which significantly reduced my stress in an emergency situation.

### **KEY SUCCESS FACTOR**

None

## **USER QUOTES**

I was impressed by how quickly the staff assessed and prioritized my condition. It made a stressful situation more manageable.

# **Reducing Wait Times in Emergency Medical Services**

Pain Point Impact: 5/5 Simulation

### **NARRATIVE**

The most frustrating part of my emergency room visit was the long wait times at each step of the process. From the moment I recognized the need for emergency care to the post-discharge instructions, each phase seemed to involve a long line or queue.

### PRIMARY PAIN POINT

Extended wait times throughout the emergency medical services

### **USER QUOTES**

Every step felt like a waiting game. I wish there was a way to streamline the process to reduce these delays.

# **Enhancing Post-Discharge Communication**

Opportunity Impact: 3/5 Simulation

### **NARRATIVE**

After I was discharged, I had several questions about my follow-up care. Unfortunately, calling the post-discharge services was met with long wait times, which was frustrating as I needed timely advice to manage my recovery.

## **OPPORTUNITY AREA**

Long wait times when contacting post-discharge services

## **USER QUOTES**

I just needed quick advice on my recovery, but the long phone wait times made it difficult to get the help I needed.

## **Understanding Emergency Services Jurisdiction**

Jurisdictional Impact: 3/5 Cross-Jurisdictional Simulation

### **NARRATIVE**

Navigating the emergency services was a learning experience for me. I wasn't sure which jurisdiction managed each step of my emergency room visit. Understanding this could help streamline services and reduce confusion for future visits.

## **JURISDICTIONAL GAP**

Lack of clarity on jurisdictional management of emergency services

## **JURISDICTIONS INVOLVED**

unknown

### **HANDOFF DETAILS**

There needs to be clearer communication and signage indicating which level of government manages each service aspect, aiding in better understanding and navigation.

## **USER QUOTES**

I wish I knew which services were federal or provincial. It might help in understanding the processes better.

## **Endless Waiting at Every Step**

Pain Point Impact: 4/5 Simulation

## **NARRATIVE**

I arrived at the emergency room expecting to be seen promptly, given the severity of my symptoms. However, at every step, from emergency medical services to post-discharge, I found myself waiting in line. It felt like time stood still as I waited to receive the necessary care. Each office seemed to have its own queue, and I couldn't help but feel frustrated and anxious about the delays.

### **PRIMARY PAIN POINT**

Long wait times at each step of the emergency room process

## **USER QUOTES**

Why is the wait so long at every single stage? It's frustrating to be in pain and have to wait endlessly.

## **Efficient Triage Process**

Success Impact: 3/5 Simulation

### **NARRATIVE**

Despite the wait, once I reached the triage stage, I was impressed by how quickly and effectively the medical staff assessed my condition. The nurses were attentive and ensured that my symptoms were prioritized correctly, which gave me some reassurance that I was in good hands.

### **KEY SUCCESS FACTOR**

Efficient triage process

### **USER QUOTES**

The triage nurses were fantastic. Once I got to them, they assessed my condition promptly and professionally.

## **Need for Streamlined Registration**

Opportunity Impact: 2/5 Simulation

### **NARRATIVE**

During the registration process at the hospital, I noticed that providing my identification and health insurance information was more cumbersome than expected. An online system to streamline this process before arriving at the hospital could significantly reduce wait times and improve efficiency.

## **OPPORTUNITY AREA**

Cumbersome registration process

## **USER QUOTES**

It would be great if I could submit my information online before even reaching the hospital. That would save so much time.

## **Navigating Follow-Up Care Across Provinces**

Jurisdictional Impact: 3/5 Cross-Jurisdictional Simulation

### **NARRATIVE**

After being discharged, I had to arrange follow-up care. Since I was traveling, I needed to schedule appointments in a different province. Understanding how to navigate the health systems across provinces was challenging, and I spent a lot of time figuring out if my health coverage was applicable.

## **JURISDICTIONAL GAP**

Difficulty navigating follow-up care across provincial health systems

## **JURISDICTIONS INVOLVED**

ontario, quebec

### **HANDOFF DETAILS**

Transitioning from Ontario's health system to Quebec's for follow-up care required understanding different procedures and coverage details.

## **USER QUOTES**

I wish there was a clearer guide on how to manage follow-up care when you're in a different province. It's confusing!

## **Smooth Arrival at the Hospital**

Success Impact: 5/5 Simulation

### **NARRATIVE**

As I arrived at the hospital, I was relieved to find clear signs directing me where to go for emergency services. The staff were helpful, and I was quickly directed to the triage area. It was comforting to know that even in an emergency, the process was straightforward and the staff were attentive.

### **KEY SUCCESS FACTOR**

Efficient and helpful staff upon arrival

### **USER QUOTES**

I was impressed with how organized the hospital was and how the staff guided me quickly.

# **Streamlining the Triage Process**

Opportunity Impact: 4/5 Simulation

## **NARRATIVE**

While waiting for triage, I noticed the long queue and the time it took for each patient to be assessed. I couldn't help but think there might be a way to streamline this process, perhaps by pre-registering online or using digital kiosks to speed up registration.

## **OPPORTUNITY AREA**

Long wait times during triage

## **USER QUOTES**

I wish there was a way to speed up the triage process, maybe with some form of online check-in.

# **Navigating Post-Discharge Queries**

Pain Point Impact: 3/5 Simulation

### **NARRATIVE**

After being discharged, I had several questions about my care instructions. Calling the post-discharge services was time-consuming due to long wait times. It would be beneficial to have a more efficient way to communicate, perhaps through a dedicated app or online chat service.

### PRIMARY PAIN POINT

Long wait times for post-discharge service calls

## **USER QUOTES**

I spent too much time on hold when I had questions about my discharge instructions.

## **Unified Health Records Across Provinces**

Jurisdictional Impact: 4/5 Cross-Jurisdictional Simulation

### **NARRATIVE**

As a frequent traveler, I often find it challenging to ensure my health records are accessible across different provinces. There's a need for a unified digital health record system that can be accessed regardless of where I am in Canada.

## **JURISDICTIONAL GAP**

Lack of unified health record system across provinces

## **JURISDICTIONS INVOLVED**

federal, ontario

### **HANDOFF DETAILS**

Coordination between provincial health systems to unify health records

## **USER QUOTES**

It would be so much easier if there was a way to access my health records no matter which province I'm in.

## **Efficient Care Once Inside**

Success Impact: 4/5 Simulation

### **NARRATIVE**

Once I finally got past the long wait and entered the emergency room, the level of care I received was outstanding. The doctors and nurses were extremely professional, and they quickly conducted the necessary tests and provided treatment. I felt reassured by their expertise and attention to detail.

### **KEY SUCCESS FACTOR**

Long wait times before receiving care

### **USER QUOTES**

The wait was long, but once I was seen, the care was exceptional.

## **Streamlining Emergency Room Access**

Opportunity Impact: 5/5 Simulation

## **NARRATIVE**

The waiting time at each step of the emergency room process was guite long. I noticed that if there were a better system for prioritizing cases or managing the flow of patients, the experience could be significantly improved. An online pre-registration system might help streamline the process and reduce wait times.

### **OPPORTUNITY AREA**

Long wait times at each step

## **USER QUOTES**

I wish there was a way to speed up the initial waiting process. Maybe an app or online system could help?

## **Clearer Information on Triage Process**

Opportunity Impact: 3/5 Simulation

### **NARRATIVE**

While waiting for triage, I realized that many people, including myself, were unsure of how the triage process worked. Having clearer information available, perhaps online or via digital boards in the waiting area, could help manage expectations and alleviate some anxiety.

## **OPPORTUNITY AREA**

Lack of understanding of the triage process

## **USER QUOTES**

I wish I knew more about how they decide who gets seen first. Some information would really help calm people down.

## **Navigating Health Services as a New Resident**

Jurisdictional Impact: 4/5 Cross-Jurisdictional Simulation

### **NARRATIVE**

As someone who has just moved to a new province, understanding the differences in health services between jurisdictions can be challenging. While the emergency room experience was similar, accessing my health records and ensuring coverage was a bit confusing. More guidance on these jurisdictional differences would be helpful.

## **JURISDICTIONAL GAP**

Confusion over jurisdictional differences in health services

## **JURISDICTIONS INVOLVED**

federal, ontario

### **HANDOFF DETAILS**

Navigating health coverage details between federal and provincial systems

## **USER QUOTES**

Moving to a new province, I wasn't sure how my health coverage would work. Some clear guidance on this would have been great.

## **Efficient Triage Process**

Success Impact: 5/5 Simulation

### **NARRATIVE**

When I arrived at the hospital, the triage process was smooth and efficient. The staff quickly assessed my condition and prioritized my treatment effectively. Despite the initial wait time, the professionalism of the medical team made me feel confident and wellcared for.

### **KEY SUCCESS FACTOR**

None, this was a positive experience

### **USER QUOTES**

The triage team was fantastic in ensuring I was seen as soon as possible. Their efficiency really stood out.

## **Streamlining Check-In Processes**

Opportunity Impact: 4/5 Simulation

### **NARRATIVE**

The long wait times at various stages, from the emergency medical services to the emergency room, were frustrating. A more streamlined check-in process could have significantly reduced these delays.

### **OPPORTUNITY AREA**

Long wait times at each service point

## **USER QUOTES**

I spent too much time waiting in lines. A more efficient check-in process could save everyone's time.

## **Navigating Post-Discharge Care**

Opportunity Impact: 3/5 Simulation

#### **NARRATIVE**

After being discharged, I found the instructions clear, but contacting the post-discharge services for follow-up questions took longer than expected. Improving the responsiveness of these services would greatly enhance the patient experience.

### **OPPORTUNITY AREA**

Long wait times for post-discharge service queries

## **USER QUOTES**

Post-discharge instructions were clear, but I wish the follow-up service was more responsive.

## **Accessibility in Emergency Services**

Accessibility

Impact: 4/5 Simulation

### **NARRATIVE**

As a tech-savvy user accustomed to digital solutions, I noticed the lack of online options for checking wait times or registering in advance at the emergency services. Implementing digital tools could greatly benefit users who prefer using technology.

### **ACCESSIBILITY CONSIDERATION**

Lack of digital solutions for pre-registration or wait time updates

## **USER QUOTES**

I wish there was an app or online service to check wait times or pre-register before arriving at the hospital.

## **Efficient Triage Process**

Success Impact: 4/5 Simulation

#### **NARRATIVE**

When I arrived at the hospital, I was worried about the wait times given the severity of my symptoms. However, the triage process was straightforward and efficient. The medical staff quickly assessed my condition and prioritized my treatment appropriately. I felt reassured knowing I was in capable hands.

### **KEY SUCCESS FACTOR**

None, efficient service

### **USER QUOTES**

I was pleasantly surprised by how quickly the triage process went. It made me feel prioritized.

# **Long Wait Times at Every Step**

Pain Point Impact: 5/5 Simulation

### **NARRATIVE**

Throughout my emergency room visit, the longest and most frustrating part was the waiting. From the moment I arrived at the Emergency Medical Services office to the time I left the hospital, it felt like I spent more time waiting than receiving care. This was especially stressful given the urgency of my condition.

### PRIMARY PAIN POINT

Extended wait times at every step

## **USER QUOTES**

It felt like I was in a perpetual state of waiting. The stress of waiting overshadowed the relief of getting care.

## **Digital Solutions for Emergency Services**

Opportunity Impact: 3/5 Simulation

### **NARRATIVE**

As a tech-savvy individual, I wished there were more digital solutions available to streamline the emergency room process. An online pre-registration or real-time updates on wait times could have helped manage expectations and reduce anxiety.

### **OPPORTUNITY AREA**

Lack of digital tools to streamline the process

## **USER QUOTES**

It would have been great to have a digital way to check my status or pre-register before arriving.

## **Understanding Post-Discharge Care**

Success

Impact: 4/5 Simulation

## **NARRATIVE**

After being discharged, I received clear instructions about post-treatment care and followup appointments. This clarity was crucial in helping me manage my recovery effectively, ensuring I didn't feel lost once I left the hospital.

## **KEY SUCCESS FACTOR**

None, effective communication

## **USER QUOTES**

The discharge instructions were clear and very helpful. I felt confident about my next steps after leaving the hospital.

## **Streamlined Triage Experience**

Success

Impact: 4/5 Simulation

## **NARRATIVE**

When I arrived at the hospital, I was quite nervous about the emergency room process. However, the triage nurse was incredibly efficient and compassionate. She quickly assessed my situation and I felt reassured knowing I was in good hands. The registration process was straightforward, and I appreciated the clarity of instructions provided.

### **KEY SUCCESS FACTOR**

None in this story; highlights a positive experience

### **USER QUOTES**

The triage nurse was so kind and efficient, it made a stressful situation much more bearable.

# **Reducing Wait Times for Emergency Services**

Opportunity Impact: 5/5 Simulation

## **NARRATIVE**

Throughout my emergency room visit, I noticed significant delays at every step—from initial emergency medical services to post-discharge follow-up. While I understand emergencies are unpredictable, I believe there are opportunities to streamline processes and reduce wait times.

### **OPPORTUNITY AREA**

Long wait times at multiple stages of the emergency room process

## **USER QUOTES**

It felt like I spent more time waiting than receiving care. Surely there must be a way to make this more efficient.

## **Challenges with Post-Discharge Communication**

Pain Point Impact: 3/5 Simulation

#### **NARRATIVE**

After being discharged, I needed clarification on some of the follow-up care instructions. Unfortunately, contacting post-discharge services was frustrating due to long wait times on the phone. It made an already stressful experience more challenging.

### **PRIMARY PAIN POINT**

Difficulty reaching post-discharge services for follow-up questions

## **USER QUOTES**

I just wanted to ask a quick question, but the phone wait times were unbearable.

## **Navigating Health Services Without Jurisdictional Confusion**

Jurisdictional Impact: 2/5 Simulation

### **NARRATIVE**

My experience highlighted how crucial it is to have a seamless understanding of which jurisdiction handles each part of the healthcare process. While this time it was a single jurisdiction, I can imagine how confusing it would be if federal and provincial services were involved without clear guidance.

## **JURISDICTIONAL GAP**

Potential confusion in jurisdictional responsibilities

## **USER QUOTES**

It was clear who to contact this time, but I worry about situations involving multiple jurisdictions.

# **Journey Steps**

# Emergency Medical Services

Department: Health Department

Identify symptoms or situations that warrant a visit to the emergency room, such as severe pain, difficulty breathing, or sudden injury.

## 2 Ambulance Services

Department: Provincial Health Services

Travel to the nearest hospital emergency room, either by personal transport or ambulance, depending on the urgency of the situation.

# Hospital Triage Services

Department: Provincial Health Authority

Upon arrival, undergo a triage process where medical staff assess the severity of the condition and prioritize treatment. Provide identification and health insurance information for registration.

# 4 Emergency Room Services

Department: Hospital

Consult with doctors and nurses, undergo necessary medical tests, and receive treatment based on the diagnosis.

# Post-Discharge Services

Department: Hospital

Receive discharge instructions and any necessary prescriptions or referrals for follow-up care. Understand post-treatment care requirements and schedule further appointments if needed.

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For more information about this report, please contact the Journey Labs Research Team.